Someone You Know and Love May Be At Risk...

- Health care workers
- · Sexually active adults and teenagers
- Injectable drug users, past or present
- Family or household members in close contact with an infected person
- Immigrants from and travellers to high risk areas
- Recipients of blood transfusions before 1992
- Infants born to infected mothers
- People who get tattoos or body piercings
- And others

Protect Yourself Against Viral Hepatitis!

- Get Educated about viral hepatitis.
- *Get Vaccinated* against hepatitis A and hepatitis B.
- Get Screened for viral hepatitis if you are unsure about your risk factors. Remember, everyone may be at some risk.
- **See a Liver Specialist** for further evaluation if any blood test result is positive for hepatitis A, B, or C.
- Contact Us for more information and if you have questions or concerns about viral hepatitis.

If you would like more information about viral hepatitis, please contact us:

Hepatitis B Foundation

3805 Old Easton Road Doylestown, PA 18902 Phone: 215-489-4900 Fax: 215-489-4920

www.hepb.org

The Hepatitis B Foundation is a national non-profit organization dedicated to finding a cure and improving the quality of life for those affected by hepatitis B worldwide. Our commitment includes funding focused research, promoting disease awareness, supporting immunization and treatment initiatives, and serving as the primary source of information for patients and their families, the medical and

scientific community, and the general public. Dr. Baruch Blumberg, who received the Nobel

of the co-founders of the organization.

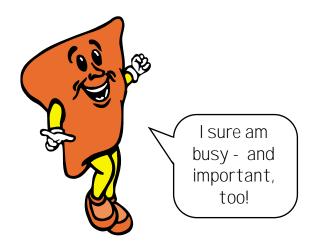
Prize for discovering the hepatitis B virus, is one



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MEET

The Liver Mascot for Viral Hepatitis



The liver is the largest organ in your body. If we were automobiles, your liver would be the engine. It does hundreds of things to make sure you run smoothly. If the liver fails, a person can die.

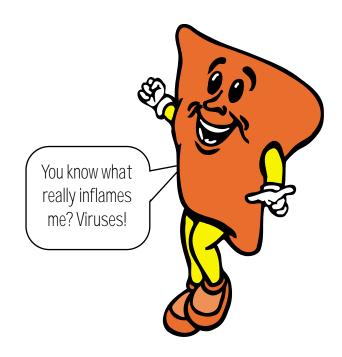
Important functions of the liver:

- Stores sugar and iron which helps give your body energy.
- Detoxifies almost everything you eat, drink, breathe, and absorb through your skin.
- Produces proteins that make sure you grow and stay healthy.
- Makes clotting factors so that you stop bleeding after being cut or injured.
- Works with your immune system to help fight off infection.

Just as we take good care of our engines, we must be sure to take good care of our liver!

Viral Hepatitis refers to an "inflammation of the liver" which is caused by a virus.

There are several viruses out there which specifically attack the liver. The three most common are: the hepatitis A, B, and C viruses.



Although people can recover from an infection, unfortunately many become chronic carriers of hepatitis B and hepatitis C which can lead to more serious complications later in life.

Typical symptoms with viral hepatitis include mild flu-like symptoms, to fatigue, weakness, achiness, bloated stomach and jaundice (yellow eyes and skin). In rare cases it can even be fatal.

Did You Know . . .

Hepatitis A virus (HAV) - is contracted by eating or ingesting contaminated food or water. It resolves itself usually within 6 months. There is a vaccine.

Hepatitis B virus (HBV) - is transmitted mainly through blood, sex, injectable drug use, and from an infected mother to her newborn. It becomes chronic in about 10% of adult cases. There is a vaccine.

FACT: 1 out of 20 Americans have been infected with HBV and there are 80,000 new infections each year.

Hepatitis C virus (HCV) - is transmitted mainly through blood, injectable drug use, and less commonly from sex. It becomes chronic hepatitis in 85% of cases. There is no vaccine.

FACT: Approximately 3.9 million Americans are infected with HCV and there are 25,000 new infections each year.

Chronic hepatitis can result in cirrhosis, liver cancer or liver failure.

