

Ketone/Sick Day Log

Need Help? Call 215-590-3174 during business hours; Call 215-590-1000 evenings, weekends, holidays – ask for Diabetes Doctor on Call
 Refer to your Ketone/Sick Day Rules for insulin, fluids and blood sugar/ketone monitoring.

Date & Time	Symptoms	CHECK Blood Sugar	CHECK Ketones / Amount of Urine	INJECT Insulin/ Site	DRINK Amount/ Type of Fluids	Comments	Questions for Doctor / Nurse Practitioner

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