

# How To Implement a Cardiac Emergency Response Plan

Sudden Cardiac Arrest (SCA) is the leading cause of death on school campuses, and the #1 killer of student athletes. That's why it's critical for your school to have a written and well-practiced Cardiac Emergency Response Plan (CERP). Created by a national task force of health and safety organizations, a CERP is a vital step towards sudden cardiac death prevention.

## Be Prepared to Prevent Sudden Death At Your School



### Form Cardiac Emergency Response Team

*CPR trained and response ready, the team helps implement the plan and conduct drills.*

#### Check Your Toolkit For:

- Tips to identify team members
- Recommended guidelines for staff training



### Implement Emergency Response Protocol

*A written plan documents your exact emergency action and should be incorporated into your EAP, School Improvement Plan or Safe School Environment.*

#### Check Your Toolkit For:

- Sample plans you personalize to your school
- Forms to annually evaluate your plan



### Install & Maintain AEDs Properly

*Automated External Defibrillators must be properly installed—and never locked away—always accessible.*

#### Check Your Toolkit For:

- Tips to identify team members
- Recommended guidelines for staff training



### Conduct Life-Saving Drills

*It's critical to test your team's readiness and your plans effectiveness through practice. Involve your local EMS.*

#### Check Your Toolkit For:

- Cardiac emergency drill templates (like fire drills)
- Drill evaluation forms



### Share Plan With School Community

*Educate parents, staff, coaches and facility users about how they can be prepared to save a life.*

#### Check Your Toolkit For:

- Letters and flyers to circulate to your school community
- Resources to raise awareness about SCA in youth



**Parent Heart Watch.**

THE NATIONAL VOICE  
PROTECTING YOUTH FROM SUDDEN CARDIAC ARREST