

Help Your Students Become Star Pupils!

Dear Educators,

Most children are only exposed to information in the school curriculum about their eyes, as vision relates to the five senses of the body. In an effort to raise awareness about the importance of eye health for children, Prevent Blindness has developed the second phase of the Star Pupils Curriculum. Star Pupils is a cross-curricular program with lessons that may compliment language arts, science, and health program. This dynamic program will encourage your students to think seriously about vision care while they practice skills in reading, writing, and science.

Guided by the National Health Education Standards, the National Science Education Standards, and the National Physical Education Standards, Prevent Blindness has developed programs that increase awareness of the importance of eye health and safety by providing hands-on learning opportunities. These learning opportunities may enable children to make wise, informed decisions about how to keep their eyes healthy and safe throughout their lifetime.

The Star Pupils curriculum has been separated into five lesson topics. Each topic contains lesson objectives, key points for discussion and a corresponding PowerPoint presentation, and lesson activities. The content provided has been created for the teacher and may be used in customizing lessons to meet their students' specific needs. It is believed teachers know their students best and therefore would best be able to extract and individualize information for their classroom needs. Readings, web sites, and activities have been outlined to support the lesson content and expand learning opportunities.

STUDENTS WILL LEARN ABOUT:

- ★ Eye anatomy and how the visual system functions.
- ★ Refractive errors and how vision can be improved or altered using eyeglasses, and other types of lenses.
- ★ The invention and history of glasses.
- ★ What challenges people with visual impairment face in a world without sight.
- ★ How to protect their vision with strategies to keeping their eyes healthy and safe.

We hope you'll find the Star Pupils Children's Eye Health and Safety Program to be a simple and fun teaching resource. For additional information about children's eye health and safety, please visit PreventBlindness.org.

Sincerely,
Your Friends at Prevent Blindness

*This curriculum has been aligned
with National Health, National Science
and National Physical Education
Standards*