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Help Your Students Become Star Pupils!

Dear Teacher,

Welcome to the *Star Pupils K-2 Children's Eye Health and Safety Program* courtesy of Prevent Blindness. The materials included on the enclosed CD-ROM provide an introduction to basic eye anatomy and eye safety. Whether used to supplement an existing health lesson plan or as a standalone classroom activity, the *Star Pupils* presentation provides interesting and fun facts about vision and encourages students to protect their eyes. The three modules can be used to complete a single, longer classroom session on eye health and safety or divided into three shorter classroom lessons.

PRESENTATION OBJECTIVES

Students will learn about:

- ★ The importance of sight
- ★ The eye and how we see
- ★ How to identify objects and situations that can be dangerous to eyes

Included on the CD-ROM are downloadable worksheets to help reinforce introductory vision vocabulary and eye safety concepts. Instructions are provided on how to access and use these worksheets.

We have also provided a letter that you can send home to your students' parents/guardians about the *Star Pupils* program, as well as an activity book!

DIRECTIONS

1. Insert the CD into your computer's CD-ROM drive.
2. **Open the *Teacher Materials* folder, which includes:**
 - ★ Teacher Classroom Presentation Guide
 - ★ Teacher Reference *Eye Exam Diagram* PDF
 - ★ *In-Class Worksheets* PDF (includes *Coloring Sheets* and *Eye Exam Diagram*)
3. Download, print and refer to the Teacher Presentation Guide PDF and Teacher Reference *Eye Exam Diagram* PDF during the lesson.
4. Download *In-Class Worksheets* PDF. Copy and distribute to students to complete during lesson.

Finally, download, copy and send home with each student a parent letter and *Safety Eye Check Worksheet*. One activity book (found in your teacher folder) should be given to each student to take home as well. There is a student certificate on the back of the activity book.

We hope you'll find the *Star Pupils K-2 Children's Eye Health and Safety Program* to be a simple and fun teaching resource. For additional information about children's eye health and safety, please visit PreventBlindness.org or call 800.331.2020.

Sincerely,
Your Friends at Prevent Blindness

*This curriculum has been aligned
with National Health, National Science
and National Physical Education Standards*